

## International Coaching Federation Accredited Coach Training Program

## MentorCoach is an approved Level2 Training Program with the International Coaching Federation

This credential is awarded to programs that meet professional standards for coach training programs established by the International Coaching Federation (ICF).



MentorCoach is accredited by the International Coaching Federation (ICF) as a Level2 Training Program.

When you have been certified by MentorCoach as a Certified MentorCoach (CMC), you have met all requirements to be certified as an ICF Associate Certified Coach (ACC).

When you have coached a total of 500 hours (450 paid), you then have also met all requirements to be certified as an ICF Professional Certified Coach (PCC).

**The MentorCoach Training Program: Foundations** is our flagship 31-hour (21-week) coach training program. It intends to provide students training in individual and group coaching skills, service marketing skills, ethics and risk management skills--all within a rich community of support-- to launch their coaching practices.

**MentorCoach and ICF Certification** - Some Foundations graduates, however, want to go further. As with the development of great competence in any profession, the road to mastery in coaching requires training, time, supervision and practice.

In MentorCoach, this path leads through the Certification Track toward certification as a Certified MentorCoach (CMC). It involves intensive study of coaching skills, supervision, additional class work, coaching practice with other students, coaching clients, taping of client sessions and live supervision by an ICF Master Certified Coach, additional required courses such as, for example, our Master Class in Ethics: Safe Passage.

Graduates who complete the Certification Track and earn the designation of *Certified MentorCoach (CMC)* have also satisfied the training requirements of the *International Coaching Federation*. More detail on this is below under the subhead, "ICF Coach Certification."

Below is a summary of the requirements to earn the designation of Certified MentorCoach (CMC).

## Overview: The Certified MentorCoach (CMC)

MentorCoach students who successfully complete the MentorCoach Training Program, "Foundations" can elect to enter the Certification Track. The successful completion of MentorCoach Certification requirements will result in their being certified as a Certified MentorCoach (CMC) as well as meeting the certification requirements of the ICF.

In order to be awarded this Certification, the candidate must:

- 1. Completed at least 125 hours of Coach Specific Training of MentorCoach® Training which includes Foundations (also called Student Learning Hours--SLH).
- 2. Acquired 83 of these required 125 Student Learning Hours by successfully completing the following four MentorCoach required courses:
  - (1) MentorCoach™ Training Program: Foundations (25 hours out of 31)
  - (2) Safe Passage: The New Ethics and Risk Management Master Class (10 hours)
  - (3) Intensive Individual Coaching Skills Master Class (24 hours)
  - (4) Individual Coaching Supervision Master Class (24 hours)
- 3. The balance of the required 125 Student Learning Hours can be selected from MentorCoach elective Master Classes. MentorCoach offers superb elective Master Classes from which to choose. You can view those here.
- 4. Documented that he/she has coached at least 100 hours with a minimum of 8 clients. No more than 25%, or 25, of these hours can be pro-bono coaching hours.
- 5. Mentor Coaching 10 Hours required. In addition to the 6 hours of individual supervision coaching, 10 hours of Mentor Coaching <u>using an approved MentorCoach</u> Provider is required for ICF/MentorCoach certification.
- 6. Received supervision from an approved mentor coach provider ICF Master Certified Coach (MCC) for a minimum of six (6) hours. (This requirement is met while taking the Individual Coaching Supervision course.)
- 7. Achieved an average of 70% or better on each portion of the MentorCoach Final Examination which includes a written exam (multiple choice and essay) and an oral exam (involving an actual observation of live coaching conducted by the candidate). This live coaching is conducted by webinar using the Zoom platform. The Final Exam is given

when a candidate has completed all other MentorCoach Certification Requirements and has agreed to honor the ICF Philosophy and Definition of Coaching, Pledge of Ethics, and Standards of Ethical Conduct.

Upon completion of these requirements, the candidate will be awarded the "Certified MentorCoach" (CMC) designation.

## The ICF Coach Certification

MentorCoach graduates who earn the designation of Certified MentorCoach (CMC) have also satisfied the training requirements of the International Coaching Federation (ICF) at the ACC or PCC level. The CMC can now apply for the ACC or PCC designation as follows:

When applying for the **ACC designation**, the following requirements must be met:

- Submission of your MentorCoach CMC Certification Certificate
- Completing their online attestation confirming 100 hours (75 paid) of coaching experience with at least 8 clients
- Completion of the Coach Knowledge Assessment (CKA) exam
- Fee of \$175 for ICF members/\$325 for non-ICF members
- To view the ICF ACC designation requirements through the Level 2 Approved Provider path, click here

When applying for the **PCC designation**, the following requirements must be met:

- Submission of your MentorCoach CMC Certification Certificate
- Coaching log demonstrating 500 hours (450 paid) of coaching experience with at least 25 clients
- Completion of the Coach Knowledge Assessment (CKA) exam
- Fee of \$375 for ICF members/\$525 for non-ICF members
- To view the ICF PCC designation requirements through the ACTP Approved Provider path, <u>click here</u>

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